

Part A: Informed Consent, Release Agreement, and Authorization

Full name: Doe, John

Date of birth: 02-21-2009

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.

Every person who furnishes any BB device to any minor, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code Section 19915[a]) My signature below on this form indicates my permission.

I give permission for my child to use a BB device. (Note: Not all events will include BB devices.)

☐ Checking this box indicates you DO NOT want your child to use a BB device.



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.

List participant restrictions, if any: _____

☒ None }

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: John Doe

Date: 3/2/2021

Parent/guardian signature for youth: Jack Doe

Date: 3/2/2021

(If participant is under the age of 18)

Complete this section for youth participants only:

Adults Authorized to Take Youth to and From Events:

You must designate at least one adult. Please include a phone number.

Name: _____

Phone: _____

Name: Any registered T840 adult leader }

Phone: _____

Adults NOT Authorized to Take Youth to and From Events:

Name: _____

Phone: _____

Name: _____

Phone: _____



Prepared. For Life.®

Part B1: General Information/Health History

Full name: Doe, John

Date of birth: 02-21-2009

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Age: 12 Gender: Male Height (inches): 58 Weight (lbs.): 95

Address: 123 Main Street

City: Coppell State: Texas ZIP code: 75019 Phone: 555-123-4567

Unit leader: Frank Miller Unit leader's mobile #: 972-824-6114

Council Name/No.: Circle Ten/ Western Horizon Unit No.: T840

Health/Accident Insurance Company: BCBS Policy No.: 1234-5678



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.

In case of emergency, notify the person below:

Name: Jack Doe Relationship: Father

Address: 123 Main Street, Coppell, TX 75019 Home phone: 555-223-4567 Other phone: 555-333-4567

Alternate contact name: Jackie Doe Alternate's phone: 555-444-4567

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Diabetes	Last HbA1c percentage and date: _____ Insulin pump: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Hypertension (high blood pressure)	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Stroke/TIA	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Asthma/reactive airway disease	Last attack date: _____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Lung/respiratory disease	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	COPD	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Ear/eyes/nose/sinus problems	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Head injury/concussion/TBI	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Altitude sickness	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Psychiatric/psychological or emotional difficulties	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Neurological/behavioral disorders	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Blood disorders/sickle cell disease	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Fainting spells and dizziness	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Kidney disease	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Seizures or epilepsy	Last seizure date: _____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Abdominal/stomach/digestive problems	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Thyroid disease	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Skin issues	_____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date: _____
<input type="checkbox"/>	<input checked="" type="checkbox"/>	List any other medical conditions not covered above	_____



Prepared. For Life.®

Part B2: General Information/Health History

Full name: Doe, JohnDate of birth: 02-21-2009

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Allergies/Medications

DO YOU USE AN EPINEPHRINE
AUTOINJECTOR? Exp. date (if yes) _____ ☐ YES ☐ NODO YOU USE AN ASTHMA RESCUE
INHALER? Exp. date (if yes) _____ ☐ YES ☐ NO

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Food	Peanuts	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	Ants

List all medications currently used, including any over-the-counter medications.

☒ Check here if no medications are routinely taken. ☐ If additional space is needed, please list on a separate sheet and attach.

Medication	Dose	Frequency	Reason

☒ YES ☐ NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by:



Parent/guardian signature

MD/DO, NP, or PA signature (if your state requires signature)



Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

Immunization

The following immunizations are recommended. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Tetanus	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Pertussis	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Diphtheria	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Measles/mumps/rubella	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Polio	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Chicken Pox	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Hepatitis A	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Hepatitis B	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Meningitis	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Influenza	11-01-2020
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Other (i.e., Hib)	11-01-2020
<input type="checkbox"/>	<input checked="" type="checkbox"/>		Exemption to immunizations (form required)	

Please list any additional information about your medical history:

DO NOT WRITE IN THIS BOX.

Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: ☐ Yes ☐ No

Reason: _____

Approved by: _____

Date: _____



Prepared. For Life.®

Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: Doe, John

Date of birth: 02-21-2009

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____



You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient. You can also visit www.scouting.org/health-and-safety/ahmr to view this information online.

Please fill in the following information:

	Yes	No	Explain
Medical restrictions to participate	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Medication	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Food	Peanuts

Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Plants	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	Ants, bite site infected

Height (inches)	Weight (lbs.)	BMI	Blood Pressure	Pulse
58	95		100 / 62	56

	Normal	Abnormal	Explain Abnormalities
Eyes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Heart	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Skin issues	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled heart disease, lung disease, or hypertension.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If planning to scuba dive, does not have diabetes, asthma, or seizures.

Examiner's signature: Mary Smith

Date: 03/02/2021

Examiner's printed name: Dr. Mary Smith

Address: 321 Main Street

City: Coppell

State: TX

ZIP code: 75019

Office phone: 555-456-7890

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



Prepared. For Life.®

Practice: [REDACTED]**Physician:** [REDACTED]**Patient:** [REDACTED]**Date of birth:** [REDACTED]**Today's Date:** [REDACTED]

Name	Date
DiphtheriaTetanus	
DTaP	06/01/2007
DTaP	08/01/2007
DTaP	08/07/2007
DTaP	10/05/2007
DTaP	09/29/2008
DTaP	04/30/2012
HepA	
HepA	09/29/2008
HepA	10/19/2009
HepatitisB	
HepB	05/04/2007
HepB	07/09/2007
HepB	01/04/2008
HIB	
HIB	07/09/2007
HIB	09/04/2007
HIB	04/25/2008
HIB	07/18/2008
MMR	
MMR	09/29/2008

Name	Date
MMR	12/01/2008
Pneumococcal	
Pneumococcal.Conj	07/09/2007
Pneumococcal.Conj	09/04/2007
Pneumococcal.Conj	01/04/2008
Pneumococcal.Conj	04/25/2008
Pneumococcal.Conj	07/18/2008
PCV13	04/11/2011
Polio	
IPV	06/01/2007
IPV	08/01/2007
IPV	08/07/2007
IPV	10/05/2007
IPV	04/30/2012
Varicella	
Var	09/29/2008
Var	04/30/2012

The patient is not behind on any immunizations.

The following immunizations are due:

- HPV
- Meningococcal
- Flu_Seasonal
- tdBooster



BlueCross
BlueShield

anthem.com

Providers: If Medicare is primary,
pre certification is not required.

Please file medical claims with the Blue
Cross and Blue Shield plan in the state
where the services are rendered.
If Medicare is primary, file claims to
Medicare.

View provider listings, benefits, claims,
and health and wellness information
24 hours a day 7 days a week by
visiting anthem.com.

Possession of this card does not
guarantee eligibility for benefits.

Member Services	1-800-456-4573
24/7 NurseLine	1-800-700-9184
Behavioral Hlth Resource Ctr	1-866-621-0654
Pre Certification	1-866-776-4793
High Tech Image/Sleep Mgmt	1-888-953-6703
Coverage While Traveling	1-800-810-2583
Provider Services	1-800-676-2583
MDLIVE SM	1-888-632-2738

*Contracts directly with group.

Anthem Blue Cross and Blue Shield, an independent licensee
of the Blue Cross and Blue Shield Association, provides
administrative claims payment services only and does not
assume any financial risk or obligation with respect to claims.
Anthem Blue Cross and Blue Shield is the trade name of
Anthem Health Plans of Kentucky, Inc.



BlueCross
BlueShield

TOYOTA

Identification Number

Group:

Plan Codes:

Copays:

PCP	\$20
Specialist	\$30
Urgent Care	\$30
Emergency Room	\$100

Issue Date: 12/17/2016

